



State of the Art Safety Standards in RA
 THE EUROPEAN SOCIETY OF REGIONAL
 ANAESTHESIA & PAIN THERAPY



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

*Joining Hands for a
 Pain Free Future Worldwide!*



Saturday
 25th January
 2025



BERN



Inselspital
 Auditorium Maurice E. Müller
 Freiburgstrasse 16
 3010 Bern



[Registration](#)



Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member, Residents	200.00 CHF

Credits: 8 SSAPM, 6 SGUM, 4 SGNOR. CHAIR: Dr. med. Friedrich Lersch, MSc

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Time	min	Lecture	Speaker
07.30- 8.00	30	morning coffee, registration, inscription to workshops	
08.00-08.15	15	Introduction, house-keeping	Dr. Friedrich Lersch
08.15-08.30	15	Fluid dynamics of Fascial sheath blocks	Dr. Friedrich Lersch
08.30-08.45	15	Parasternal blocks in cardiothoracic surgery	Dr Catherine Reid
08.45-09.00	15		
09.00-09.15	15	Obstetric regional anaesthesia - the quest for quality:	Dr Moira Robertson
09.15-09.30	15	Regional anaesthesia in intensive care	Dr Margarita Borislavova
09.30-09.45	15	Regional anaesthesia in Children, "Take my pain control"	Dr Roberta Bonomo Dr Alessandro Genini
COFFE BREAK			
10.15-10.30	15	Avoiding chronic pain trajectories after breast surgery- how to build excellent surgeon-anaesthesiologist teams	Dr Roman Zürcher & Dr Dieter J Müller
10.30-10.45	15	My 5 most applied Regional anaesthesia blocks in pain medicine	Dr Matthieu Cachemaille
10.45-11.00	15	Sustainability in GA and Regional Anaesthesia	Dr. Astrid Kuonen
11.00-11.15	15	Preclinical regional anaesthesia in caves and ambulances	Dr Sylvain Tosetti
11.15-11.30	15	Rescue blocks	PD Dr. Jose Aguirre
11.30-11.45	15	LRA in dogs and cats: animal model for humans or practical necessity in daily veterinary anaesthesia?	Dr Helen Rohrbach
11.45-12.00	15	Rectus sheath and TAP block in one (online)	Dr Kamen Vlassakov
12:00 – 13:00 LUNCH			
13:00 – 17.00 Ultrasound workshops with life models			
Workshop	min	Workshop	Demonstrator
WORKSHOP A	45	Blocks above the clavicle	OPO D - 128
WORKSHOP B	45	Blocks below the clavicle & upper extremity	OPO D - 128
WORKSHOP C	45	Lower limb blocks, anterior aspect	OPO D - 127
15:00 – 15:20	20	COFFEE BREAK	
WORKSHOP D	45	Lower limb blocks, posterior aspect	OPO D - 127
WORKSHOP E	45	Chest and abdominal wall blocks	OPO D -126
WORKSHOP F	45	Neuraxis	OPO D - 238
WORKSHOP G	45	Eyes and head blocks	AKL D - 424

Web-link to the presentations of the International faculty from ESRA, ASRA and the other Societies will be made available to all participants

FACULTY

PD Dr. med. José A. Aguirre – Stadtspital Zürich

Dr. med. Roberta Bonomo - Ospedale Regionale di Bellinzona

Dr. Med. Margarita Borislavova - Paris

Dr. med. Matthieu Cachemaille - Hôpital de la Tour – Meyrin

Dr. med. Alessandro Genini - Ospedale Regionale di Bellinzona

Dr. med. Astrid Kuonen – Spital Wallis

Dr. med. Friedrich Lersch - Inselspital – Bern

Dr. med. Dieter J Müller – Brustzentrum - Basel

Dr. med. Catherine Reid, Hirslanden Klinik Aarau

Dr. med. Moira Robertson - Hôpital de Nyon

Dr. med. vet. Helen Rohrbach – Universität Bern

Dr. med. Sylvain Tosetti - Kinderspital Zürich

Dr. med. Kamen Vlassakov – Boston

Dr. med. Roman Zürcher - Bethesda-Spital - Basel